

# Self-regulated learning in mathematics classes

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*Charles Darr and Jonathan Fisher, 2005*

This exploratory study of self-regulated learning for mathematics education looked at how to encourage self-regulating behaviour using reflective journalling and models to represent problem situations.

Read the full article, [Self-regulated learning in mathematics classes](#)

Published on *Assessment Resource Banks* (<https://arbs.nzcer.org.nz>)