

# Reflecting on mathematics journals: The kaleidoscope effect

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Alex Neil, 2006

Keeping a journal in the mathematics classroom has clear benefits. In this study a group of students kept journals on their mathematics lessons and were found to become more regular and deeper metacognitive thinkers. Strong links between journals and self-regulation are made in the research literature.

Read the full article, *Reflecting on mathematics journals: The kaleidoscope effect*

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