

Using an index II

This task is about knowing how to use an index.

Index		
Accessories 16-17	Gybeing 40, 50-51, 52	rigs and rigging 8, 12, 18, 20-25, 28-34, 36, 38, 42, 45, 46, 53, 64
approach 46	Gloves 16	roof rack and straps 17
arms 45	grip 45	rope gybe 40
Basic assembly 20-21	Hands and feet 45, 48	rope tack 40, 42
beach finish 60	harness and hamessing 17, 47, 61, 62, 63, 81	running 43
beach start 57-59	head and shoulders 56	Safety and self-rescue 26-27, 78
beam reaching 43	hips 45	sailing away 49
bearing 36	hooking in 62	sailing upwind 43
Beaufort Scale 85	Indoor windsurfing 72	sails 8, 14-16, 20, 22-25, 33, 39, 66
blasting 42	initiation 47	sheeting in 33, 42, 43, 45, 49, 50, 53
boards, choice of 10-12	insurance 78	sheeting out 42, 43, 50
body weight and ability 20	International Distress Signal 28	shoes and boots 16
booms 8, 15, 21, 23, 33, 45, 46, 80	Legs 45	short boards 10, 66, 68, 69
broad reaching 43	line position 61	slalom 66
buoyancy aids 16, 27, 69	long board 10, 14, 33, 68	speed 54
Carrying your equipment 24-25	luffing 36, 37, 57	stance 43
carve gybe 70-71	Maritime rules 78	starboard tack 80
close reaching 43	mast 8, 14, 15, 21, 25, 33, 46	steering 34, 43
competitive windsurfing 72	mast base 16, 21, 24, 33, 66	step 47
competitors 72, 74	mast extensions 15	Tacking 40, 46-48
Dagger board 8, 12, 13, 16, 21, 24, 37, 42, 43, 50, 66	mast track 12, 13, 21, 24, 37	tail 12, 13
de-rigging 28	mistakes 61	tilt 38
distress 28	moving back 56	Transatlantic Windsurf Race 76
dry land practise 57	Non-slip coating 12, 13	tuning 23
Emergency measures 29	nose 12, 13, 25, 36, 38, 43, 46	turning 40-41, 52-53, 58-59
entry 51	Olympic windsurfing 77	Universal joint 8, 12
equipment 10-17	Pitch 38	uphauling 30-32
exercises 83	pivot 48	Water start 69
Fin 12, 13, 21, 24	port tack 80	wave boards 66
first aid 82	position 38	wave sailing 76
food and drink 82	Professional Windsurfing Association 8, 72, 77	wetsuits 16, 27
footstraps 12, 25, 64-65, 66	Racing 75	wind and weather 84-85, 86
freestyle 66, 76		windsurfing hotspots 86-91

Use the following index from a book on windsurfing to answer the questions that follow.

a) What are the two main features of the index layout?

i) _____

ii) _____

b) What is the purpose of an index?

c) What aspect of windsurfing has **the most page references** in the index?

d) Sometimes when using an index the idea you are looking for is indexed under a different name. Locate the page references for information about:

i) windsurfing indoors. Page _____

ii) the association that runs windsurfing. Page _____

iii) the best places to windsurf in the world. Page _____

e) What is the meaning of the dash in the following examples?

Sails 8, (14-16), 20, (20-25), 33, 39, 66

f) Give three places in the index you could refer to if you wanted to find out about racing.
