

# Why do I blush?

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This task is about identifying important information to help you get the main idea of a text.

Read "Why Do I Blush?", pages 8 and 9 of School Journal Part 4, Number 1, 2006.

a) Tick  **two** of the boxes below to show which information is most important to this text.

<input type="checkbox"/>	Our ancestors were frightened of mammoths.
<input type="checkbox"/>	When you blush, blood carries extra body heat into the capillaries which pass it on to tissue nearby.
<input type="checkbox"/>	You can stop blushing by thinking about the capillaries in your face.
<input type="checkbox"/>	Some feelings make your face turn red - this is known as blushing.
<input type="checkbox"/>	Blushing does not give you a permanently red face - your face will return to its normal colour.
<input type="checkbox"/>	Your brain tells your heart to beat faster when something is wrong.

b) Now you've chosen the two most important pieces of information, write them in the order they appear in the text.

**First:**

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**Second:**

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c) Tick  the box next to the main idea of this text.

<input type="checkbox"/>	Blushing is really embarrassing for some people.
<input type="checkbox"/>	People can't help blushing - it just happens.
<input type="checkbox"/>	Blushing is a physical response to uncomfortable feelings.
<input type="checkbox"/>	Fight or flight responses kept our ancestors safe from danger. Blushing ensures our bodies cool down.