Why do I blush?

This task is about identifying important information to help you get the main idea of a text.

Read "Why Do I Blush?", pages 8 and 9 of School Journal Part 4, Number 1, 2006.

a) Tick \boxtimes **two** of the boxes below to show which information is most important to this text.

Our ancestors were frightened of mammoths.
When you blush, blood carries extra body heat into the capillaries which pass it on to tissue nearby.
You can stop blushing by thinking about the capillaries in your face.
Some feelings make your face turn red – this is known as blushing.
Blushing does not give you a permanently red face – your face will return to its normal colour.
Your brain tells your heart to beat faster when something is wrong.

b) Now you've chosen the two most important pieces of information, write them in the order they appear in the text.

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c) Tick I the box next to the main idea of this text.

Blushing is really embarrassing for some people.
People can't help blushing – it just happens.
Blushing is a physical response to uncomfortable feelings.
Fight or flight responses kept our ancestors safe from danger. Blushing ensures our bodies cool down.

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