

Nutrition in foods

Practical Task

Your teacher will give you 3 different brands of a food product, each with nutritional information available on the packets.

- a) Draw a composite strip graph below showing the total amount of **carbohydrates**, **proteins**, **fats**, and **other** per 100 grams for each brand. Label your graph clearly.

- b) Write a statement comparing a feature of all 3 of your strip graphs.
