Estimating lots

This task is about estimating with multiplication.

Do NOT use a calculator for these tasks.
Each of these 5 pots has 387 gold coins in it.
In the box below show how you would ESTIMATE (using simple sums and without using a calculator) the number of gold coins in the 5 pots.
i)
ii) My estimate of the number of coins in the 5 pots is
A telephone book has 502 pages of numbers. Each page has 4 columns and each column has b)an average of 73 telephone numbers.
In the box below, show how you would ESTIMATE (using simple sums and without using a calculator) the total number of phone numbers in the telephone book.
i)

ii) My estimate of the **total** number of telephone numbers is _____