

Exercise times

This task is about adding time.

Exercises	Harry's Times	Stephen's Times
Warm up	1 min 00 sec	1 min 05 sec
Stretches	1 min 15 sec	1 min 05 sec
Knee bends	45 sec	50 sec
Press-ups	55 sec	1 min 00 sec
Jumping	1 min 05 sec	1 min 08 sec
Skipping	1 min 30 sec	1 min 32 sec
Weight lifting	55 sec	1 min 20 sec
Jogging	2 min 35 sec	2 min 05 sec
Total Time	?	?

a) What was the total time it took Hari to do the exercises? minutes: seconds

b) What was the total time it took Stephen to do the exercises? minutes: seconds

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